

The School of Esoteric Sciences



We acknowledge the wisdom from an array of spiritual and religious sources. Our teachings are based upon integrating and synthesizing the best from all philosophies and religions. We perceive all these outpourings to have an essential unity to unveiling esoteric truths. We integrate spiritual logic, scientific method, and meditative insight to perceive the nature of Love and Universal Truth.

Recommended Reading Material for Existing Students

Principle Source Material

- The writings and teachings of **Bodo Balsys**, the founder of the School. The significant endeavor of Bodo Balsys is to train students to develop the meditative techniques that allow them to come in direct contact with the Masters of Wisdom of their own Higher Wisdom.
- We draw specifically from **Mahayana Buddhism**, and in particular its central focus, the Bodhisattva Path - the dedication of one's spiritual path to the welfare of all sentient beings. The Teachings of the **Buddha** were revolutionary in their time and continue to be highly applicable to today's society. The core elements of the philosophy are very important for the spiritual seeker to understand. Of particular importance are its teachings on impermanence, ethics, and the training of the mind through meditation.
- The writings of **H.P. Blavatsky (H.P.B.)**, 1831-1891, the founder of the Theosophical Society. Specifically studied is her Magnus Opus, *The Secret Doctrine*, with its two major volumes, entitled "Cosmogenesis" and "Anthropogenesis", first published in 1888. Later, with the addition of certain esoteric papers, this work was expanded into a Six Volume set.
- The writings of **Alice A. Bailey (A.A.B.)** 1880-1949. These were dictated telepathically by the Tibetan Master known as D.K., (Djwhal Khul). We regard the eighteen books written directly by the Master D.K. as the major texts for study. They are a synthesis of the best of all previous teachings along esoteric lines, and present revelatory information never before presented in written form to Western disciples (except in highly veiled terms). These are by far the best texts that can give the student an idea of the nature and content of the mind-structure of a Master of Wisdom.
- The **Agni Yoga Books** are a series of books written by the Master Morya, via **Helena Roerich** in a similar manner to the books written by Master D.K. via A.A. Bailey.

Although constrained by the cultural milieu of the day, we believe the books written by Blavatsky, Bailey, and H. Roerich are some of the most exemplary Western spiritual writings presented in the modern era and most evidently represent the Minds of the Masters of Wisdom.

- *Experiences and Communications received from Hierarchy, the Masters of Wisdom (or Council of Bodhisattvas)* during meditation by the advanced members of the School. This revelatory information offers direct insight and direction as to the wisest way to serve humanity's needs. In a similar manner, the *Deva Kingdom* is also a source of direct teachings and inspiration.
- The *Bible (King James Version)* is a highly revelatory text and the basis to the major religious dispensations in the West. It contains some of the highest spiritual Truths ever presented to the world. Students are encouraged to reassess their understanding of the Bible. Unfortunately, many interpretations are colored by dogmatic and orthodox views. We endeavor to kindle a genuine appreciation of the wisdom in the Bible by unveiling the esoteric Truths therein.
- The *various Hindu philosophies* form the basis from which many great teachings come, including Buddhism and the various Yoga practices. In more recent times a deeper appreciation of the esoteric wisdom is being re-evaluated in such works as the Secret Doctrine and other investigations in the field of science.
- The best of *esoteric and occult writings* in all known fields. These include (but are not restricted to) Anthroposophy, Theosophy, Astrology, Masonry, Rosicrucianism, Alchemy, Kabbala, and all major mystical, speculative, and philosophical writings. Popular books and videos, such as those by Graham Hancock, Robert Bauval, Robert Schoch and Robert Temple, also provide valuable background information.
- The *myths, legends and religious teachings of the Greco-Roman era, the far and near East, Ancient Egypt and India*, and to a lesser extent Meso and native American and Oceanic-Australasian myths.
- The best that *modern science* has to offer- a vast field of human investigation encompassing many disciplines from atom to cosmos.

For students wishing to pursue an in-depth course presented in our School the recommended texts are listed below.

TIER 1-Recommended for All Students

Esoteric and Spiritual Texts

Bodo Balsys:

- *The Revelation* Vol 1 (Ibez Press, Sydney 1989).
- *Divine Causation* (Ibez Press, Sydney 1990)
- **From A Treatise on Mind Series**
 - Volume 6, *Meditation and the Initiation Process* (2014)
 - Volume 7, Part A *The Constitution of Shambhala* (2017)
 - Volume 7, Part B and C *The Constitution of Shambhala* (2018)

Western Esotericism and Theosophy

Alice Bailey:

The Master D.K.'s work

- *Glamour: A World Problem* (1950)
- *Initiation, Human and Solar* (1922)
- *A Treatise on White Magic* (The Way of the Disciple) (1934)
- *Discipleship in the New Age* – Volume 1 & 2 (Vol. 1, 1944, Vol. 2, 1955)
- *A Treatise on the Seven Rays*
- *Esoteric Psychology I* (1936)
- *Esoteric Psychology II* (1942)
- *Esoteric Healing* (1953)
- *Rays and Initiations* (1960)
- *Externalisation of the Hierarchy* (1957)
- *Letters on Occult Meditation* (1922)
- *Problems of Humanity* (revised edition, 1964)
- *The Reappearance of the Christ* (1948)
- *Destiny of the Nations* (1949)
- *Telepathy* (1950)
- *Education in the New Age* (1954)

Books are available for download from Lucis Trust: <https://www.lucistrust.org/>

Other Alice Bailey material:

Two books were written in conjunction with A.A.B. and D.K,

- *The Light of the Soul* (1927)
- *The Labours of Hercules: An Astrological Interpretation* (1974)

A further five titles were written by A.A.B. herself, hence are supplementary.

- *The Consciousness of the Atom* (1922)
- *The Soul and Its Mechanism* (1930)
- *From Intellect to Intuition* (1932)
- *From Bethlehem to Calvary* (1937)
- *The Unfinished Autobiography* (1951)

Compilations of writings from the above books:

- *The Seven Rays of Life* (1995)
- *The Seventh Ray: Revealer of the New Age* (1995)
- *Ponder on this* (2003)
- *Serving Humanity* (1934)

On H.P. Blavatsky:

- *An Abridgement of The Secret Doctrine* (edited by E. Preston & C. Humphreys, Theosophical Publishing House, Madras, 1966)

Helena Roerich:

Agni Yoga Series (from Master Morya via Helena Roerich)

- *Leaves of Morya's Garden I, The Call* (1924)
- *Leaves of Morya's Garden II, Illumination* (1925)
- *New Era Community* (1926)
- *Agni Yoga* (1929)
- *Infinity I* (1930)
- *Infinity II* (1930)
- *Hierarchy* (1931)
- *Heart* (1932)
- *Fiery World I* (1948)
- *Fiery World II* (1933)
- *Fiery World III* (1935)
- *Aum* (1936)
- *Brotherhood* (1937)
- *Supermundane, the Inner Life I – IV* (1938)

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- *On Eastern Crossroads* (Legends and Prophecies of Asia)
 - *Letters of Helena Roerich I* (Volume I: 1929-1935)
 - *Letters of Helena Roerich II* (Volume II: 1935-1939)
 - *Foundations of Buddhism* (By Helena Roerich)
 - Agni Yoga Glossary (A Treasury of Terms and Thoughts from the Agni Yoga Teachings)

These are all available for download at <http://www.agniyoga.org/index.html>

Geoffrey Hodson:

- *The Kingdom of the Gods* (1952)
- *The Kingdom of the Faerie* (1927)
- *Brotherhood of Angels and Men* (1927)

Cyril Scott:

The Initiate series:

- Vol 1 *Some Impressions of a Great Soul* (Samuel Weiser, Maine, 1971)
- Vol 2 *The Initiate in the New World* (Samuel Weiser, Maine 1977)
- Vol 3 *The Initiate in the Dark Cycle* (Samuel Weiser, Maine, 1977)

Charles Leadbeater:

- *Man, Visible and Invisible* (Quest Book, Wheaton, 1980)
- *The chakras* (Theosophical Publishing House, 1927)

A.E. Powell:

- *The Etheric Double* (Theosophical Publishing House, 1969)
- *The Astral Body* (Theosophical Publishing House, 1954)

Peter Richelieu:

- *A Soul's Journey* (Turnstone Press Ltd, Northhamptonshire, 1953, 1985)

Harold Balyoz:

- *Three Remarkable Women* (Altai Publishers, 1986)

Buddhism

Lama Anagarika Govinda:

- *Foundations of Tibetan Mysticism* (Samuel Weiser, Maine, 1969)

Evan Wentz:

- *Tibet's Greatest Yogi, Milarepa* (Oxford University Press, London, 1928)

Reincarnation

Joseph Head & Sylvia Cranston:

- *Reincarnation: The Phoenix Fire Mystery: An East-West dialogue on death and rebirth from the worlds of religion, science, psychology, philosophy, art, and literature, and from great thinkers of the past and present.*

Greek Mythology

Robert Graves:

- *The Greek Myths* (Penguin Books, 1955)

Vegetarianism

There are many popular texts the reader can pursue, such as that by Jon E. Wynne-Tyson: *Food for a Future* (Thorsons Publishing Group, 1975).

Additional Esoteric Material

The School of Esoteric Sciences:

- <https://www.universaldharma.com/> contains a wealth of study material in the form of videos, audio recordings and reading material. All students should be familiar with the content of the website and have a good grasp of the material therein.
- Additional reading material is provided to those students that are currently attending The School of Esoteric Sciences, in the form of booklets, containing collected material according to subject matter.

King James Bible:

- In 1604 King James I of England authorized that the new translation of the Bible into English be started. It was first published in 1611. It was converted from old to 'new' English 85 years later. The Authorized Version, or King James Version quickly became the standard.

TIER 2-Recommended for Advanced Students

Bodo Balsys:

- *Esoteric Cosmology and Modern Physics*
- *The Astrological and Numerological Keys to the Secret Doctrine, Vol. 1.*
- **From A Treatise on Mind Series – Buddhist philosophy**
 - Volume 1 *The “Self” or “Non-self” in Buddhism*
 - Volume 2 *Considerations of Mind—A Buddhist Enquiry*
 - Volume 3 *The Buddha-Womb and the Way to Liberation*
 - Volume 4 *Maṇḍalas: Their Nature and Development* (2013)
 - Volume 5 *Part A. An Esoteric Exposition of the Bardo Thödol* (2015)
 - Volume 5 *Part B. An Esoteric Exposition of the Bardo Thödol* (2015)

Alice Bailey (The Master D.K.’s writings):

- *Esoteric Astrology* (1951)
- *A Treatise on Cosmic Fire* (1925)

Helena Petrovna Blavatsky:

- *The Secret Doctrine* in three volumes (Theosophical Publishing House, Madras, Vol 1-2 1888, Vol 3 1897, 1938)

The School of Esoteric Sciences Social Media Platforms

Website: <https://www.universaldharma.com/>

YouTube Channel: <https://www.youtube.com/c/UniversalDharmaTV>

Facebook: <https://www.facebook.com/TheSchoolOfEsotericSciences>